



IL-10 ELISA Kit (Human) (OKGD00023)

Instructions for use

For the quantitative measurement of IL-10 in cell culture supernatants.

Lot to lot variation can occur. Refer to the manual provided with the kit.

This product is intended for research use only.

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1. Background

Principle

Aviva Systems Biology IL-10 ELISA Kit (Human) (OKGD00023) is based on standard sandwich enzyme-linked immuno-sorbent assay technology. An antibody specific for IL-10 has been pre-coated onto a 96-well plate. Standards or test samples are added to the wells, incubated and washed. A biotin conjugated detector antibody specific for IL-10 is added, incubated and washed. Next it is incubated with horseradish peroxidase (HRP)-Streptavidin, followed by wash. An enzymatic reaction is produced through the addition of TMB substrate which is catalyzed by HRP generating a blue color product that changes yellow after adding acidic stop solution. The density of yellow coloration read by absorbance at 450 nm is quantitatively proportional to the amount of sample IL-10 captured in well.

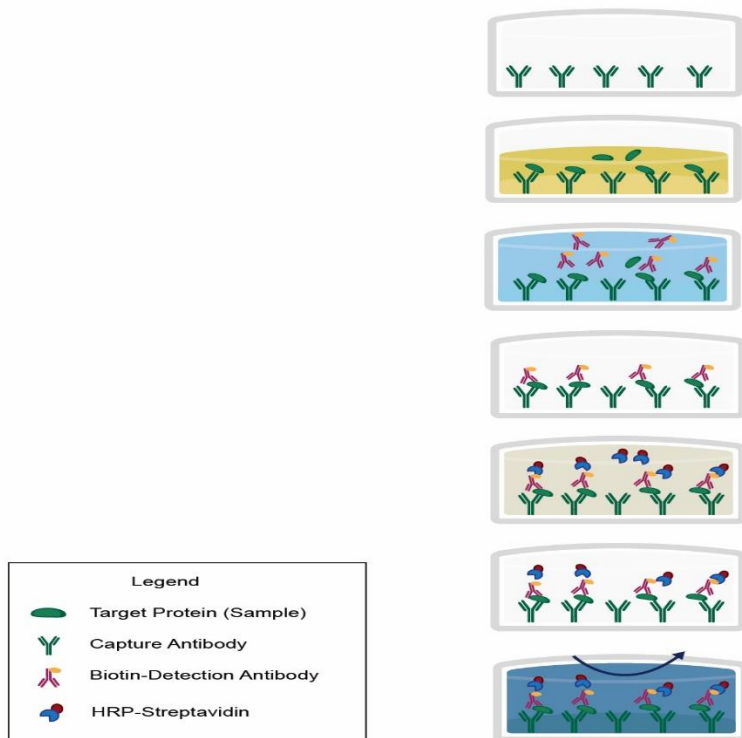
Target Background

Major immune regulatory cytokine that acts on many cells of the immune system where it has profound anti-inflammatory functions, limiting excessive tissue disruption caused by inflammation. Mechanistically, IL10 binds to its heterotetrameric receptor comprising IL10RA and IL10RB leading to JAK1 and STAT2-mediated phosphorylation of STAT3. In turn, STAT3 translocates to the nucleus where it drives expression of anti-inflammatory mediators. Targets antigen-presenting cells (APCs) such as macrophages and monocytes and inhibits their release of pro-inflammatory cytokines including granulocyte-macrophage colony-stimulating factor /GM-CSF, granulocyte colony-stimulating factor/G-CSF, IL-1 alpha, IL-1 beta, IL-6, IL-8 and TNF-alpha. Interferes also with antigen presentation by reducing the expression of MHC-class II and co-stimulatory molecules, thereby inhibiting their ability to induce T cell activation. In addition, controls the inflammatory response of macrophages by reprogramming essential metabolic pathways including mTOR signaling

General Specifications

General Specifications	
Range	15.63-1000pg/ml
Limit of Detection (LOD)	≤ {limit_of_detection} (Derived by linear regression of OD ₄₅₀ of the Mean Blank + 2xSD)
Target Information	Human IL-10 UniProt ID: P22301 Gene ID:3586 Target Alias: Interleukin 10,Cytokine synthesis inhibitory factor

2. Assay Summary



3. Storage and Stability

Upon receipt, store Biotin-Detection Antibody and HRP-Streptavidin in -20°C kits, rest of Kits at 4°C until expiration date.

4. Kit Components

The following reagents are the provided contents of the kit:

Description	Quantity	Storage Conditions
Anti-IL-10 Microplate	96 Wells (12 x 8 Well strips)	Store at 4°C *Store at -20°C
IL-10 Lyophilized Standard	2 x vials(1000pg/ml)	
IL-10 Biotin-Detection Antibody*	1 x 30µl	
HRP-Streptavidin*	1X30 µl	
Assay Diluent {A}	1 x 50 ml	
20X Wash Buffer	1 x 30 ml	
TMB Substrate	1 x 12 ml	
Stop Solution	1 x 12 ml	
Plate Seals	2	

5. Precautions

- Read instructions fully prior to beginning use of the assay kit.
- Any deviations or modifications from the described method or use of other reagents could result in a reduction of performance.
- Reduce exposure to potentially harmful substances by wearing personal protective lab equipment including lab coats, gloves and glasses.
- For information on hazardous substances included in the kit refer to the Material Safety Data Sheet (MSDS).
- Kit cannot be used beyond the expiration date on the label.

6. Required Materials Not Supplied

- Microplate reader capable of reading absorbance at 450 nm.
- Automated plate washer (optional).
- Pipettes capable of precisely dispensing 0.5 μ L through 1 mL volumes of aqueous solutions.
- Pipettes or volumetric glassware capable of precisely measuring 1 mL through 100 mL of aqueous solutions.
- New, clean tubes and/or micro-centrifuge tubes for the preparation of standards or samples.
- Absorbent paper or paper toweling.
- Distilled or deionized ultrapure water.
- 37°C Incubator (optional)

7. Technical Application Tips

- Do not mix or substitute components from other kits.
- To ensure the validity of experimental operation, it is recommended that pilot experiments using standards and a small selection of sample dilutions to ensure optimal dilution range for quantitation.
- Samples exhibiting OD measurements higher than the highest standard should be diluted further in the appropriate sample dilution buffers.
- Prior to using the kit, briefly spin component tubes to collect all reagents at the bottom.
- Replicate wells are recommended for standards and samples.
- Cover microplate while incubating to prevent evaporation.
- Do not allow the microplate wells dry at any point during the assay procedure.
- Do not reuse tips or tube to prevent cross contamination.
- Avoid causing bubbles or foaming when pipetting, mixing or reconstituting.
- Completely remove of all liquids when washing to prevent cross contamination.
- Prepare reagents immediately prior to use and do not store, with the exception of the top standard.
- For optimal results for inter- and intra-assay consistency, equilibrate all materials (except for standards) to 37°C prior to performing assay and perform all incubations at 37°C.
- Pipetting less than 2 μ L is not recommended for optimal assay accuracy.
- Once the procedure has been started, all steps should be completed without interruption. Ensure that all reagents, materials and devices are ready at the appropriate time.
- Incubation times will affect results. All wells should be handled in the same sequential order and time intervals for optimal results.
- Samples that are hemolytic, lipemic, or contain precipitates, fibrin strands or bilirubin may cause inaccurate results due to interfering factors.
- TMB Substrate is easily contaminated and should be colorless or light blue until added to plate. Handle carefully and protect from light.

8. Reagent Preparation

- Equilibrate all materials to room temperature prior to use and prepare immediately prior to use.
- Prepare the IL-10 Standard no greater than 2 hours prior to performing experiment. A fresh lyophilized vial should be reconstituted for each experiment. Standards should be held on ice until use in the experiment.

8.1 Human IL-10 Assay Standards **8.1.1** Reconstitute the IL-10 **Standard** by adding 1 mL of 1X PBS directly to the vial to achieve **Standard #1**. Close, and invert several times to dissolve. Do not vortex. Allow the vial to sit at room temperature for 10 minutes before use.

8.1.2 Prepare a set of serially diluted standards as follows:

8.1.2.1 Label tubes 1—8 with each respective standard number.

8.1.2.2 Add the entire contents of the reconstituted standard to Tube #1.

8.1.2.3 Add 250 μ L of **Assay Diluent A** to the remaining tubes.

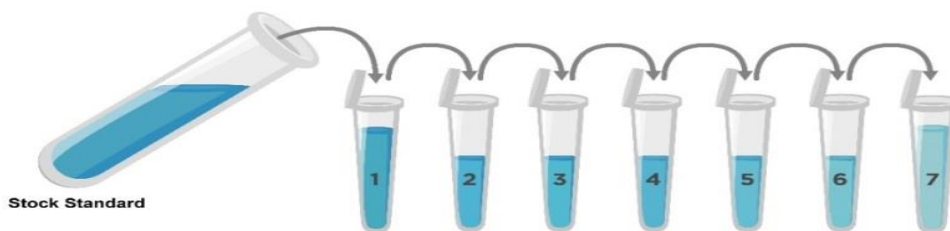
8.1.2.4 Prepare **Standard #2** by adding 250 μ L of **Standard #1** from Tube #1 to Tube #2. Vortex briefly to mix.

8.1.2.5 Prepare **Standard #3** by adding 250 μ L of **Standard #2** from Tube #2 to Tube #3. Vortex briefly to mix.

8.1.2.6 Prepare further serial dilutions in the remaining tubes. Reference the table below as a guide for serial dilution scheme.

8.1.2.7 The last tube is a blank standard (only **Assay Diluent A**), which should be included with every experiment.

Standard Number (Tube)	Standard To Dilute (pg/mL)	Volume Standard to Dilute (μ L)	Volume Assay Diluent (μ L)	Total Volume (μ L)	Final Concentration (pg/mL)
1	1000 Reconstituted IL-10 Standard	NA	NA	1,000	1000
2	1000	250	250	500	500
3	500	250	250	500	250
4	250	250	250	500	125
5	125	250	250	500	62.5
6	62.5	250	250	500	31.25
7	31.25	250	250	500	15.63
8	NA	0	500	500	0.0 (Blank)



8.2 IL-10 Biotin-Detection Antibody Working Solution

- 8.2.1 For each 96 wells to be used in the experiment prepare 11 mL of IL-10 **Biotin-Detection Antibody Working Solution** by follow the dilution protocol provided in the COA.
- 8.2.2 Mix thoroughly and gently. Hold no longer than 2 hours prior to use in procedure. Do not store at 1X concentration for future use.

8.3 HRP Streptavidin Working Solution

- 8.3.1 For each 96 wells to be used in the experiment prepare 11 mL of **HRP-Streptavidin Working Solution** by add 22 μ L of **HRP-Streptavidin** to 10.98 mL of **Assay Diluent**.

8.4 1X Wash Buffer

- 8.4.1 If crystals have formed in the **20X Wash Buffer** concentrate, equilibrate to room temperature and mix gently until crystals have completely dissolved.
- 8.4.2 Add the entire 30ml contents of the **20X Wash Buffer** bottle to 570ml of ultra-pure water in a clean bottle.
- 8.4.3 Mix gently and thoroughly by magnetic stirrer. **Avoid foaming or bubbles.**
- 8.4.4 Hold the **1X Wash Buffer** at room temperature until ready to use in the procedure. Store the prepared **1X Wash Buffer** at 4°C for no longer than 2 weeks. Do not freeze.

8.5 Microplate Preparation

- Micro-plates are provided ready to use and do not require rinsing or blocking.
- Any unused well strips should be sealed in the original packaging and stored at 4°C with desiccant.
- Equilibrate microplates to ambient temperatures prior to opening to reduce potential condensation.

9. Sample Preparation

9.1 Sample Preparation and Storage

- Store samples to be assayed at 2-8°C for 24 hours prior to being assayed.
- For long term storage, aliquot and freeze samples at -20°C. Avoid repeated freeze-thaw cycles.
- This assay is intended for serum, plasma and other biological fluids. The sample preparation protocols below have been provided for your reference:
 - **Serum** - Use a serum separator tube (SST) and allow samples to clot for two hours at room temperature or overnight at 4°C before centrifugation for 15 minutes at 1,000 x g. Remove serum and assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze-thaw cycles.
 - **Plasma** - Collect plasma using EDTA, or heparin as an anticoagulant. Centrifuge for 15 minutes at 1,000 x g at 2-8°C within 30 minutes of collection. Assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze-thaw cycles.
 - **Tissue Homogenates** – Rinse 100 mg of tissue with 1X PBS, then homogenize in 1 mL of 1X PBS and stored overnight at -20°C. Perform two freeze-thaw cycles to break the cell membranes, then centrifuge the homogenates for 5 minutes at 5,000 x g, 2-8°C. Remove the supernatant and assay immediately. Alternatively, aliquot and store samples at -20°C or -80°C. Centrifuge the sample again after thawing before the assay. Avoid repeated freeze-thaw cycles.
 - **Cell culture supernatants** – Remove particulates by centrifugation and assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze/thaw cycles.

Note: Samples that are hemolytic, lipemic, or contain precipitates, fibrin strands or bilirubin may cause inaccurate results due to interfering factors

9.2 Sample Dilution

- Target protein concentration must be estimated, and appropriate sample dilution selected such that the final target protein concentration falls near the middle of the assay linear dynamic range. Samples exhibiting saturation should be further diluted.
 - Dilute cell culture supernatant or recombinant protein samples using **Assay Diluent A**. Special assay diluent (not included) may be required for serum, plasma and tissue homogenates samples.
 - Mix diluted samples gently and thoroughly.
 - Pipetting less than 2 µL is not recommended for optimal assay accuracy.

10. Assay Procedure

Equilibrate all reagents and materials to ambient room temperature prior to use in the procedure.

- 10.1** Add 100 μ L of the serially diluted IL-10 **Standards**, diluted samples or blank into wells of the **Anti-IL-10 Microplate**. At least two replicates of each standard, sample or blank is recommended.
- 10.2** Cover the plate with plate seal and incubate for 60 minutes at room temperature.
- 10.3** Remove the plate sealer and discard the liquid in the wells by rigorously flicking into an acceptable waste receptacle or aspiration.
- 10.4** Gently blot any remaining liquid from the wells by tapping inverted on the benchtop onto paper toweling. Do not allow the wells to completely dry at any time.
- 10.5** Wash plate 5 times with **1X Wash Buffer** as follows:
 - 10.5.1** Add 300 μ L of **1X Wash Buffer** to each assay well.
 - 10.5.2** Discard the liquid in the wells by rigorously flicking into an acceptable waste receptacle.
 - 10.5.3** Gently blot any remaining liquid from the wells by tapping inverted on the benchtop onto paper toweling. Do not allow the wells to completely dry at any time.
 - 10.5.4** Repeat steps 10.5.1 through 10.5.3 **four** more times.
- 10.6** Add 100 μ L of prepared IL-10 **Biotin-Detection Antibody Working Solution** to each well.
- 10.7** Cover the plate with plate seal and incubate for 60 minutes at room temperature.
- 10.8** Discard the liquid in the wells by aspiration.
- 10.9** Wash plate **5 times** as in Step 10.5
- 10.10** Add 100 μ L of prepared **HRP-Streptavidin Working Solution** to each well.
- 10.11** Cover the plate with plate seal and incubate for 60 minutes at room temperature.
- 10.12** Discard the liquid in the wells by aspiration.
- 10.13** Wash plate **5 times** as in Step 10.5
- 10.14** Add 100 μ L of **TMB Substrate** to each well and incubate **for 5-30 minutes in the dark**. Wells should change to gradations of blue. If the color is too deep, reduce the incubation time.
(NOTE: TMB Substrate must be pre-warmed to room temperature before adding to the plate. **Incubation time must be determined by the user**. Optimal development can be visualized by blue shading in the top four standard wells. The blank (final standard point) should be faint blue to clear.)
- 10.15** Add 50 μ L of **Stop Solution** to each well. Well color should change to yellow immediately. Add the **Stop Solution** in the same well order as done for the **TMB Substrate**.
- 10.16** Read the O.D. absorbance at 450 nm with a standard microplate reader within 30 minutes of stopping the reaction in step 10.15.

11. Calculation of Results

For analysis of the assay results, calculate the **Relative OD₄₅₀** for each test or standard well as follows:

$$(\text{Relative OD}_{450}) = (\text{Well OD}_{450}) - (\text{Mean Blank Well OD}_{450})$$

The standard curve is generated by plotting the mean replicate **Relative OD₄₅₀** of each standard serial dilution point vs. the respective standard concentration. The {target} concentration contained in the samples can be interpolated by using linear regression of each mean sample **Relative OD₄₅₀** against the standard curve. This is best achieved using curve fitting software.

Note: If wavelength correction readings were available, subtract the readings at 540 nm or 570 nm from the readings at 450 nm. This may provide greater reading accuracy.

Note: If the samples measured were diluted, multiply the derived mean sample concentration by the dilution factor for a final sample concentration.

12. Technical Resources

Technical Support:

For optimal service please be prepared to supply the lot number of the kit used.

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