PLEC ELISA Kit Human (OKEH02505)

Instructions for Use

For the quantitative measurement of PLEC in Human biological samples.

This product is intended for research use only.

v1.0

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1. Background

Principle

Aviva Systems Biology's PLEC ELISA Kit (Human) (OKEH02505) is based on standard sandwich enzyme-linked immuno-sorbent assay technology. An antibody specific for PLEC has been pre-coated onto a 96-well plate (12 x 8 Well Strips). Standards or test samples are added to the wells, incubated and removed. A biotinylated detector antibody specific for PLEC is added, incubated and followed by washing. Avidin-Peroxidase Conjugate is then added, incubated and unbound conjugate is washed away. An enzymatic reaction is produced through the addition of TMB substrate which is catalyzed by HRP generating a blue color product that changes to yellow after adding acidic stop solution. The density of yellow coloration read by absorbance at 450 nm is quantitatively proportional to the amount of sample PLEC captured in the well.

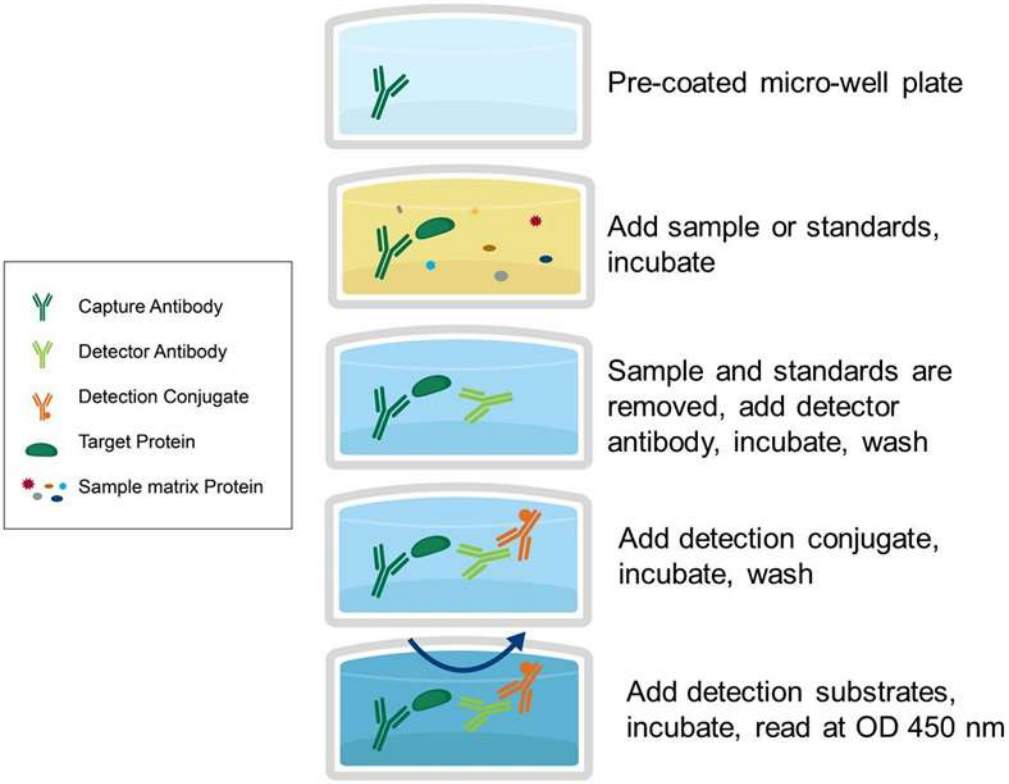
Target Background

Plectin is a prominent member of an important family of structurally and in part functionally related proteins, termed plakins or cytolinkers, that are capable of interlinking different elements of the cytoskeleton. Plakins, with their multi-domain structure and enormous size, not only play crucial roles in maintaining cell and tissue integrity and orchestrating dynamic changes in cytoarchitecture and cell shape, but also serve as scaffolding platforms for the assembly, positioning, and regulation of signaling complexes (reviewed in PMID: 9701547, 11854008, and 17499243). Plectin is expressed as several protein isoforms in a wide range of cell types and tissues from a single gene located on chromosome 8 in humans (PMID: 8633055, 8698233). Until 2010, this locus was named plectin 1 (symbol PLEC1 in human; Plec1 in mouse and rat) and the gene product had been referred to as "hemidesmosomal protein 1" or "plectin 1, intermediate filament binding 500kDa". These names were superseded by plectin. The plectin gene locus in mouse on chromosome 15 has been analyzed in detail (PMID: 10556294, 14559777), revealing a genomic exon-intron organization with well over 40 exons spanning over 62 kb and an unusual 5' transcript complexity of plectin isoforms. Eleven exons (1-1j) have been identified that alternatively splice directly into a common exon 2 which is the first exon to encode plectin's highly conserved actin binding domain (ABD). Three additional exons (-1, 0a, and 0) splice into an alternative first coding exon (1c), and two additional exons (2alpha and 3alpha) are optionally spliced within the exons encoding the acting binding domain (exons 2-8). Analysis of the human locus has identified eight of the eleven alternative 5' exons found in mouse and rat (PMID: 14672974); exons 1i, 1j and 1h have not been confirmed in human. Furthermore, isoforms lacking the central rod domain encoded by exon 31 have been detected in mouse (PMID:10556294), rat (PMID: 9177781), and human (PMID: 11441066, 10780662, 20052759). The short alternative amino-terminal sequences encoded by the different first exons direct the targeting of the various isoforms to distinct subcellular locations (PMID: 14559777). As the expression of specific plectin isoforms was found to be dependent on cell type (tissue) and stage of development (PMID: 10556294, 12542521, 17389230) it appears that each cell type (tissue) contains a unique set (proportion and composition) of plectin isoforms, as if custom-made for specific requirements of the particular cells. Concordantly, individual isoforms were found to carry out distinct and specific functions (PMID: 14559777, 12542521, 18541706). In 1996, a number of groups reported that patients suffering from epidermolysis bullosa simplex with muscular dystrophy (EBS-MD) lacked plectin expression in skin and muscle tissues due to defects in the plectin gene (PMID: 8698233, 8941634, 8636409, 8894687, 8696340). Two other subtypes of plectin-related EBS have been described: EBS-pyloric atresia (PA) and EBS-Ogna. For reviews of plectin-related diseases see PMID: 15810881, 19945614. Mutations in the plectin gene related to human diseases should be named based on the position in NM_000445 (variant 1, isoform 1c), unless the mutation is located within one of the other alternative first exons, in which case the position in the respective Reference Sequence should be used.

General Specifications

Specificity	Human PLEC UniProt: Q15149 GeneID: 5339 Target Alias: EBS1, EBSO, HD1, Hemidesmosomal protein 1, LGMD2Q, PCN, PLEC1, PLEC1b, Plectin, Plectin-1, PLTN
Cross-Reactivity	No detectable cross-reactivity with other relevant proteins

2. Assay Summary



3. Storage and Stability

• Open kit immediately upon receipt. Store components at -20°C (NOTE: exceptions below) for 6 months or until expiration date. Avoid any freeze/thaw cycles.

4. Kit Components

• The following reagents are the provided contents of the kit.

Description	Quantity	Storage Conditions
PLEC Microplate	96 Wells (12 x 8 Well strips)	-20°C for 6 months
PLEC Lyophilized Standard	2 vials	
100X Biotinylated PLEC Detector Antibody	1 x 120 µL	
100X Avidin-HRP Conjugate	1 x 120 µL	
Sample Diluent	1 x 20 mL	
Detector Antibody Diluent	1 x 12 mL	
Conjugate Diluent	1 x 12 mL	
25X Wash Buffer	1 x 30 mL	Store at 4°C for 6 months
Stop Solution	1 x 10 mL	
TMB Substrate	1 x 10 mL	

5. Precautions

• Read instructions fully prior to beginning use of the assay kit.

• Any deviations or modifications from the described method or use of other reagents could result in a reduction of performance.

• Reduce exposure to potentially harmful substances by wearing personal protective lab equipment including lab coats, gloves and glasses.

• For information on hazardous substances included in the kit please refer to the Material Safety Data Sheet (MSDS).

• Kit cannot be used beyond the expiration date on the label.

6. Required Materials Not Supplied

• Microplate reader capable of reading absorbance at 450 nm.

• Automated plate washer (optional).

• Pipettes capable of precisely dispensing 0.5 µL through 1 mL volumes of aqueous solutions.

• Pipettes or volumetric glassware capable of precisely measuring 1 mL through 100 mL of aqueous solutions.

• New, clean tubes and/or micro-centrifuge tubes for the preparation of standards or samples.

• Absorbent paper or paper toweling.

• Distilled or deionized ultrapure water.

• 37°C Incubator (optional)

7. Technical Application Tips

• Do not mix or substitute components from other kits.

• To ensure the validity of experimental operation, it is recommended that pilot experiments using standards and a small selection of sample dilutions to ensure optimal dilution range for quantitation.

• Samples exhibiting OD measurements higher than the highest standard should be diluted further in the appropriate sample dilution buffers.

• Prior to using the kit, briefly spin component tubes to collect all reagents at the bottom.

• Replicate wells are recommended for standards and samples.

• Cover microplate while incubating to prevent evaporation.

• Do not allow the microplate wells dry at any point during the assay procedure.

• Do not reuse tips or tube to prevent cross contamination.

• Avoid causing bubbles or foaming when pipetting, mixing or reconstituting.

• Completely remove of all liquids when washing to prevent cross contamination.

• Prepare reagents immediately prior to use and do not store, with the exception of the top standard.

• Equilibrate all materials to ambient room temperature prior to use (standards exception).

• For optimal results for inter- and intra-assay consistency, equilibrate all materials to room temperature prior to performing assay (standards exception) and perform all incubations at 37°C.

• Pipetting less than 1 µL is not recommended for optimal assay accuracy.

• Once the procedure has been started, all steps should be completed without interruption. Ensure that all reagents, materials and devices are ready at the appropriate time.

• Incubation times will affect results. All wells should be handled in the same sequential order and time intervals for optimal results.

• Samples containing bilirubin, precipitates or fibrin strands or are hemolytic or lipemic might cause inaccurate results due to interfering factors.

• **TMB Substrate** is easily contaminated and should be colorless or light blue until added to plate. Handle carefully and protect from light.

8. Reagent Preparation

• Equilibrate all materials to room temperature prior to use and use immediately.

8.1 Standard

8.1.1 Prepare a fresh standard curve for each assay performed. Reconstituted standards cannot be stored for later use. For further directions, please refer to the Certificate of Analysis.

8.2 1X Biotinylated PLEC Detector Antibody

8.2.1 Prepare the **1X Biotinylated PLEC Detector Antibody** immediately prior to use by diluting the **100X Biotinylated PLEC Detector Antibody** 1:100 with **Detector Antibody Diluent**.

8.2.2 For each well strip to be used in the experiment (8-wells) prepare 1,000 µL by adding 10 µL of **100X Biotinylated PLEC Detector Antibody** to 990 µL **Detector Antibody Diluent**.

8.2.3 Mix thoroughly and gently. Hold no longer than 2 hours prior to using in procedure. Do not store at 1X concentration for future use.

8.3 1X Avidin-HRP Conjugate

8.3.1 Prepare the **1X Avidin-HRP Conjugate** immediately prior to use by diluting the **100X Avidin-HRP Conjugate** 1:100 with **Conjugate Diluent**.

8.3.2 For each well strip to be used in the experiment (8-wells) prepare 1,000 µL by adding 10 µL of **100X Avidin-HRP Conjugate** to 990 µL **Conjugate Diluent**.

8.3.3 Mix thoroughly and gently. Hold no longer than 2 hours prior to using in procedure. Do not store at 1X concentration for future use.

8.4 1X Wash Buffer

8.4.1 If crystals have formed in the **25X Wash Buffer** concentrate, equilibrate to room temperature and mix gently until crystals have completely dissolved.

8.4.2 Add the entire 30 mL contents of the **25X Wash Buffer** bottle to 720 mL of ultra-pure water to a clean > 1,000 mL bottle or other vessel.

8.4.3 Seal and mix gently by inversion. Avoid foaming or bubbles.

8.4.4 Store the **1X Wash Buffer** at room temperature until ready to use in the procedure. Store the prepared **1X Wash Buffer** at 4°C for no longer than 1 week. Do not freeze.

8.5 Microplate Preparation

• Micro-plates are provided ready to use and do not require rinsing or blocking.

• Unused well strips should be returned to the original packaging, sealed and stored at 4°C.

• Equilibrate microplates to ambient temperatures prior to opening to reduce potential condensation.

9. Sample Preparation Guidelines

9.1 Sample Preparation and Storage

- Samples must be tested to determine if the kit is valid.
- Store samples to be assayed at 4°C for 24 hours prior being assayed.
- For long term storage, aliquot and freeze samples at -20°C. Avoid repeated freeze-thaw cycles.

General Sample Preparation Guidelines:

- **Serum** - Use a serum separator tube (SST) and allow samples to clot for 30 minutes at room temperature or overnight at 4°C before centrifugation for 15 minutes at 1,000 x g. Remove serum and assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze-thaw cycles.
- **Plasma** - Collect plasma using EDTA, or heparin as an anticoagulant. Centrifuge for 15 minutes at 1,000 x g at 4°C within 30 minutes of collection. Assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze-thaw cycles.
- **Tissue Homogenates** – Rinse 100 mg of tissue with 1X PBS, then homogenize in 1 mL of 1X PBS and store overnight at -20°C. Perform two freeze-thaw cycles to break the cell membranes, then centrifuge the homogenate for 5 minutes at 5,000 x g, 2-8°C. Remove the supernatant and assay immediately. Alternatively, aliquot and store samples at -20°C or -80°C. Centrifuge the sample again after thawing before the assay. Avoid repeated freeze-thaw cycles.
- **Cell Lysates -** Adherent cells should be detached with trypsin and then collected by centrifugation (suspension cells can be collected by centrifugation directly). Wash cells three times in cold PBS. Resuspend cells in PBS (1×) and ultrasonicate the cells 4 times (or freeze cells at ≤ -20°C. Thaw cells with gentle mixing. Repeat the freeze/thaw cycle 3 times.) Centrifuge at 1,500 x g for 10 minutes at 2 - 8°C to remove cellular debris.
- **Cell culture supernatants and other biological fluids** – Remove particulates by centrifugation and assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze/thaw cycles.

Recombinant Proteins: Due to the possibility of mismatching between antigen from other origin and antibody used in our kits (e.g. antibody targets conformational epitope rather than linear epitope), some native or recombinant proteins from other manufacturers may not be recognized by our products

9.2 Sample Dilution

Target protein concentration must be estimated and appropriate sample dilution selected such that the final target protein concentration falls near the middle of the assay linear dynamic range. Samples exhibiting saturation should be further diluted.

- Prior to performing the full experiment, test a serially diluted representative sample.

  - Alternately, a small pool of several samples can also be used with this same method if sample volume is limited.

  -or-

  - Refer to published literature for expected concentrations and derive the optimal dilution level based on the expected dynamic range of the kit

- Dilute samples using **Sample Diluent**.
- Mix diluted samples gently and thoroughly.
- Pipetting less than 2 µL is not recommended for optimal assay accuracy.

10. Assay Procedure

• Equilibrate all reagents and materials to ambient room temperature prior to use in the procedure.

• Optimal results for intra- and inter-assay reproducibility will be obtained when performing incubation steps at 37°C as indicated below.

10.1 Determine the required number of wells and return any remaining unused wells and desiccant to the pouch.

10.2 Add 100 µL of serially titrated standards, diluted samples or blank into wells of the **PLEC Microplate**. At least two replicates of each standard, sample or blank is recommended.

10.3 Cover the plate with the well plate sealer and incubate at 37°C for 2 hours.

10.4 Remove the plate sealer and discard the liquid in the wells by rigorously flicking into an acceptable waste receptacle or aspiration.

10.5 Gently blot any remaining liquid from the wells by tapping inverted on the benchtop onto paper toweling. Do not allow the wells to completely dry at any time.

10.6 Add 100 µL of prepared **1X Biotinylated PLEC Detector Antibody** to each well.

10.7 Cover with the well-plate sealer and incubate at 37°C for 60 minutes.

10.8 Discard the liquid in the wells by rigorously flicking into an acceptable waste receptacle or aspiration.

10.9 Gently blot any remaining liquid from the wells by tapping inverted on the benchtop onto paper toweling. Do not allow the wells to completely dry at any time.

10.10 Wash plate 3 times with **1X Wash Buffer** as follows:

10.10.1 Add 300 µL of **1X Wash Buffer** to each assay well.

10.10.2 Incubate for 1 minute.

10.10.3 Discard the liquid in the wells by rigorously flicking into an acceptable waste receptacle.

10.10.4 Gently blot any remaining liquid from the wells by tapping inverted on the benchtop onto paper toweling. Do not allow the wells to completely dry at any time.

10.10.5 Repeat steps 10.10.1 through 10.10.4 **two** more times.

10.11 Add 100 µL of prepared **1X Avidin-HRP Conjugate** into each well, cover with plate sealer and incubate at 37°C for 60 minutes.

10.12 Discard the liquid in the wells by rigorously flicking into an acceptable waste receptacle or aspiration.

10.13 Gently blot any remaining liquid from the wells by tapping inverted on the benchtop onto paper toweling. Do not allow the wells to completely dry at any time.

10.14 Wash plate **5 times** with **1X Wash Buffer** as in Step 10.10.

10.15 Add 90 µL of **TMB Substrate** to each well, cover with plate sealer and incubate at 37°C **in the dark** for 15-30 minutes. Wells should change to gradations of blue. If the color is too deep, reduce the incubation time.
(NOTE: optimal incubation time must be determined by the user. Optimal development can be visualized by blue shading in the top four standard wells, while the remaining standards are still clear.)

10.16 Add 50 µL of **Stop Solution** to each well. Well color should change to yellow immediately. Add the **Stop Solution** in the same well order as done for the **TMB Substrate**.

10.17 Read the O.D. absorbance at 450 nm with a standard microplate reader within 5 minutes of stopping the reaction in step 10.16. If wavelength correction is available, set to 540 nm or 570 nm.

11. Calculation of Results

For analysis of the assay results, calculate the **Relative OD_{450}** for each test or standard well as follows:

$$(\text{Relative } OD_{450}) = (\text{Well } OD_{450}) - (\text{Mean Blank Well } OD_{450})$$

The standard curve is generated by plotting the mean replicate **Relative OD_{450}** of each standard serial dilution point vs. the respective standard concentration. The concentration contained in the samples can be interpolated by using linear regression of each mean sample **Relative OD_{450}** against the standard curve. This is best achieved using curve fitting software. A standard curve should be generated each time the test is performed.

Note: if wavelength correction readings were available, subtract the readings at 540 nm or 570 nm from the readings at 450 nm. This may provide greater reading accuracy.

Note: if the samples measured were diluted, multiply the derived mean sample concentration by the dilution factor for a final sample concentration.

12. Technical Resources

Technical Support:

For optimal service please be prepared to supply the lot number of the kit used.

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